

Competition Prep

Packing Your Dance Bag

- Start prepping your competitive bag **the week** of competition to ensure that no shoes or accessories are left at the studio.
- Checklist – Please review your dancers checklist located on our website under “Competitive Team”. You will find detailed collages for each routine. These include photos/descriptions of your dancers costume, hair, shoes, & accessories.
- Purchasing the right packing material – Consider the amount of routines, costumes, accessories, and shoes needed for your dancer. Being **PREPARED AND ORGANIZED IS KEY!**
- Review the next slides to see materials and links to items!

Self Checklist

- No Nail Polish on Nails/Toe Nails

Nude is acceptable but not preferred.

- No Bracelets/Jewelry (other than comp earrings)

Make sure they leave these things at home.

Duffle Bag w/ Garment Rack

<https://a.co/d/drsGKdn>

Ecogear Dance Bag with Garment Rack, 28 Inch Rolling Duffel Ideal for Dance Competition & Travel, Wheeled Upright Luggage with Easy-assembly Lightweight Aluminum Clothes Rack, Black/Pink



Garment Bags w/ Pockets for Accessories & Shoes

- Bright Lights Dance Wear had this as an option on the link I sent out.
- Amazon has great options aswell.



Things To Bring

Snacks



Snacklebox is a great option!

<https://a.co/d/eDLPDWW>

Waterbottle



Waterbottle (something that wont leak)

Slides



Comfy Slip On Shoes

Blanket



Blanket for those early mornings!

Headphones



Headphones for personal practice/focus!

Bluetooth Speaker



Bluetooth speaker to use to run routines!

Things To Bring

Hair Supplies



Organizer



Bobby Pins & Hair Ties – Hair Colored



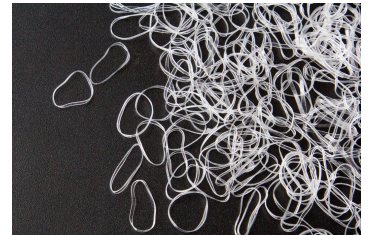
Hair Brush



Hair Spray



Hair Comb



Clear Small Elastic Hair Ties

Makeup



Makeup Bag

- Comp makeup/lipstick



Makeup Wipes



Q-Tips



Tissues

Things To Bring

Other Helpful Items



Tide Pen



Safety Pins



Clear Band-aids



Fashion Tape - Clear or Skin Colored



Booby Tape Or Stickers